

## Respectful Communication Guidelines

- R** take RESPONSIBILITY for what we say and feel without blaming others
- E** EMPATHETIC listening
- S** be SENSITIVE to differences in communication styles
- P** PONDER what we hear and feel before we speak
- E** EXAMINE our own assumptions and perceptions
- C** keep CONFIDENTIALITY when it is requested
- T** TOLERATE ambiguity, we are not here to debate what is right or wrong

From Eric H. F. Law, *The Wolf Shall Dwell with the Lamb*. St. Louis, MO: Chalice Press, 1993. Used with permission.

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